

OXON WOODTURNERS

We have changed our day! We now meet on the first Tuesday of every month, at 7pm for 7.30pm, at Littlemore Village Hall, OX4 4PY.

Why would you be interested?

Perhaps you are fascinated by woodturning?

Or maybe you would like to make a novel present for somebody?

What about making objects to sell at a fair?

You might like to watch an expert make something interesting, or just experience the sheer joy of making something both beautiful and useful.

When the lathe stops you see the beauty of the grain, you feel a lump in your throat and you say, "Wow! Did I make that exquisite object?"

New Members Welcome

We are looking for new members of any age or gender. Why not come along and find out if you really would like to try a new satisfying hobby. We have regular demonstrations by craftsmen and women. And we have "hands on" sessions where you can find out what it's like to work a lathe. You will be closely supervised by an experienced club member. You will learn how to hold various tools and what they are used for; how to stand and how to move your body and how to remain safe all the time.



Woodturning can be dangerous, so don't rush in without seeking good advice. The easiest way to do that is to join a club. In our club, Oxon Woodturners, your first two "Hands on" visits are free, including a cup of tea or coffee and a biscuit. All free! What is there to lose? We have to pay demonstrators, so we have to charge £8 for those meetings. That's still good value though! And the tea or coffee is still free.

Our Next Meeting

At our next meeting, on **Tuesday 4th March**, we have a demonstration by Gregory Moreton, a professional turner working on both production and commission orders and individual art pieces. In addition to those and demonstrating, he offers introduction to woodturning courses from his workshop in Surrey.

Our February meeting was "hands on" when the theme was making a honey dipper. Several were made and some members went on to make a beehive honey pot too. Next month, 4th March, it will be "A Box" and the month after on 1st April, "A Vase". See you there?

John Temple

CUMNOR SEATED EXERCISE CLASS 2024/25

Monday Morning Exercises

It is never too late in the year to make a new resolution. Match your maturity with fitness. The Monday morning exercise sessions for seniors are set to music. They are a wonderful mixture of chair exercises; stretching, bending and moving within your own capacity, with rest periods if you wish. Whatever your age, from 60 to 100 years, once you exercise regularly you feel immediate benefits. Mobility is so important, remember "Use it or Lose it"!

As you will see from the photograph, the sessions are fun and our enthusiastic leader Ellen keeps us laughing. The congenial coffee break offers the opportunity to chat with friends and socialise. The classes are sponsored by Age UK and cost just £5 per session, refreshments included. The first class is a 'taster' and is offered for free.

Come along and try us out!

Classes are held in the United Reform Church Hall, Leys Lane, Cumnor.

We run in term time every Monday morning:

First class 9.45am - 10.45am

Refreshments for everyone 10.45am - 11.15am

Second class 11.15am - 12.15pm

Sharon Green and William Cutting

Photograph- thanks to Ellen Busby

